

MIGRAINE IS MORE THAN JUST A HEADACHE

It is a long-term and often disabling neurological disease¹⁻³

Migraine is a global problem...

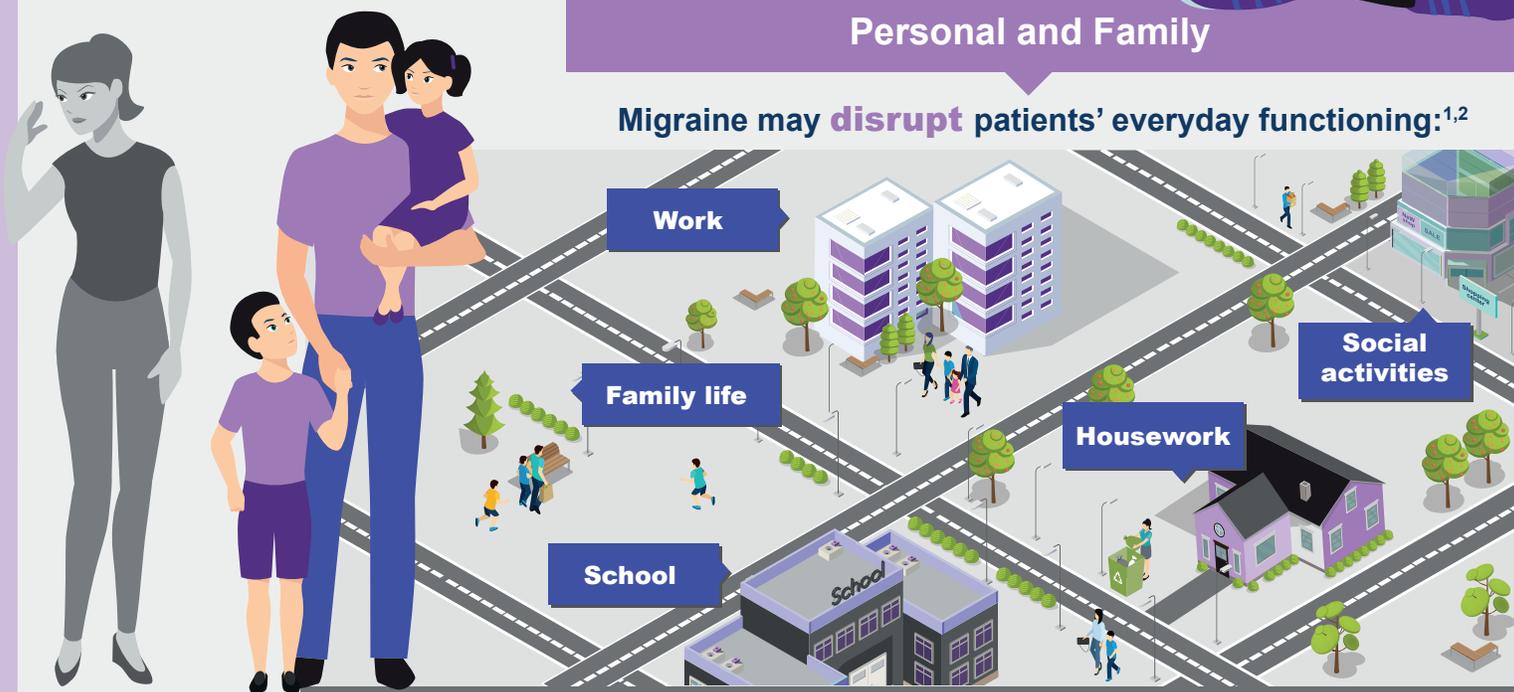
- ▶ Affects > 10% of population (~ 1 billion globally)^{3,4}
- ▶ One of the leading causes of years lived with disability³
- ▶ Peaks during prime productive years (30–49 years of age)¹
- ▶ 2–3 times more prevalent in women than in men¹

...that disrupts several domains of patients' lives^{1,2}



Personal and Family

Migraine may disrupt patients' everyday functioning:^{1,2}



Comorbidities

Patients with migraine often have other conditions:^{5,*}



Respiratory



Cardiovascular



Psychiatric

+

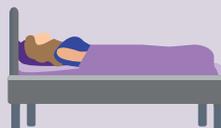


Other pain

The presence of comorbid conditions can affect treatment decisions⁶

Severity

~ 54% report severe impairment or the need for bed rest¹



~ 28% of people with migraine have ≥ 4 headache days/month⁷

Economics

0.5–1 day of work lost per week⁸



Healthcare costs increase with disease severity⁹



Why measure functional disability?



Expands the physician's understanding of the patient's experience²

Increases likelihood of physicians recommending appropriate management and follow-up¹⁰

How can functional disability be assessed?

Ask open-ended questions²

Use validated migraine-specific patient-reported outcome tools, such as:^{11,12}

MIDAS • HIT-6 • MSQ • MFIQ



This infographic is not intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment or prevention of disease.

*Note that this is not an exhaustive list of possible comorbidities.

HIT-6, Headache Impact Test; MFIQ, Migraine Functional Impact Questionnaire; MIDAS, Migraine Disability Assessment; MSQ, Migraine-Specific Quality of Life Questionnaire.

1. Lipton RB, et al. *Neurology*. 2007;68:343-349. 2. Buse DC, et al. *Mayo Clin Proc*. 2009;84:422-435. 3. GBD 2017 Disease and Injury Incidence and Prevalence Collaborators. *Lancet*. 2018;392:1789-1858. 4. Stovner LJ, et al. *Cephalalgia*. 2007;27:193-210. 5. Lipton RB, et al. *Headache*. 2018;58:933-947. 6. Silberstein SD, et al. *Neurology*. 2012;78:1337-1345. 7. Houle TT, et al. *Headache*. 2013;53:908-919. 8. Serrano D, et al. *Value Health*. 2013;16:31-38. 9. Silberstein SD, et al. *Headache*. 2018;58:1579-1592. 10. Holmes WF, et al. *Headache*. 2001;41:343-350. 11. Buse DC, et al. *Curr Pain Headache Rep*. 2012;16:237-254. 12. Hareendran A, et al. *Headache*. 2018;58:1612-1628.