What are the **head pain characteristics** patients might experience? How do these **differ** across primary headache disorders?

<table>
<thead>
<tr>
<th>Tension Type</th>
<th>MIGRAINE</th>
<th>Cluster</th>
</tr>
</thead>
<tbody>
<tr>
<td>Often bilateral¹ Pressing, tightening¹</td>
<td>Often unilateral¹ Pulsating¹</td>
<td>Unilateral, typically around or behind the eye¹</td>
</tr>
<tr>
<td>Mild-to-moderate intensity¹</td>
<td>Moderate-to-severe intensity¹ Aggravated by routine physical activity¹</td>
<td>Severe or very severe intensity¹</td>
</tr>
<tr>
<td>NOT aggravated by routine physical activity¹</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**What is the headache duration and frequency?**

- **Tension Type**: Infrequent to daily¹
  - 30 mins – 1 week duration¹
- **MIGRAINE**: Recurrent with varying frequency¹
  - 4 hours – 72 hours duration¹
- **Cluster**: Once every other day to 8 times per day during clusters¹
  - 15 mins – 180 mins duration¹

**What other symptoms might patients experience?**

**Examples of Diagnostic Symptoms**
- Light or sound sensitivity (not both)¹,a
- Pericranial tenderness¹,a
- NO nausea/vomiting¹

**Examples of Diagnostic Symptoms**
- Light and sound sensitivity¹
- Aura (~ 30%)²

**Other Common Symptoms**
- Severe impairment or need for bed rest⁶
- Allodynia (~ 60–70%)²,³

**Examples of Diagnostic Symptoms**
- Agitation, restlessness¹
- Eyelid swelling and facial sweating¹
- Eye redness or tearing¹
- Miosis and/or ptosis¹
- Nasal congestion¹

---

CONSIDERATIONS FOR **DIFFERENTIATING MIGRAINE FROM OTHER HEADACHE DISORDERS**

USA-334-84189,
What are some **diagnostic tools** available in migraine?

### General

1. **Headache diary**
   - [Image of a book]
   - **Brief Headache Screen (BHS)**
   - **SNOOP**
   - **ID Migraine**

### Migraine Specific

2. Excludes secondary headaches
3. Distinguishes:
   - Episodic headaches
   - Daily headaches
   - Medication overuse headache
4. • Limited activities
   - Sickness to stomach (nausea)
   - Light sensitivity

---

**What if my chronic migraine patient needs to overuse acute medications to manage their head pain?**

Based on IHS guidelines, if patients...

- **✓** have a pre-existing primary headache
- **✓** experience headaches ≥ 15 days per month
- **✓** are regularly overusing acute medications
  - (eg, analgesics, triptans, ergotamines) for over 3 months

...they can receive a diagnosis of **MEDICATION OVERUSE HEADACHE** in addition to the primary headache diagnosis.

---

*This infographic is not intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment or prevention of disease.*

---